

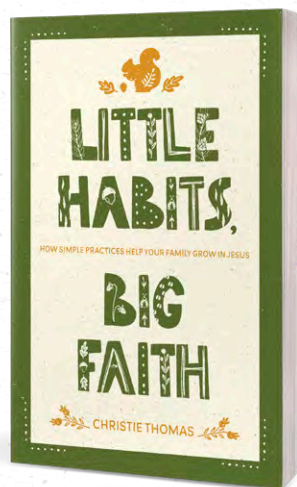
..... Speak Truth to Yourself

Key Scriptures for when...

TIME is the problem:

When you say things like
"I don't have enough time,"
"I'm too busy," or *"My
schedule is overwhelming,"*
use these Scriptures
to speak truth over
your situation:

Deuteronomy 4:9
Deuteronomy 6:5-7
Psalms 78:1-7
Proverbs 22:6
Ecclesiastes 3:1-8
Zechariah 4:10
Matthew 6:33
Matthew 7:24-27
John 15:4



Your KIDS are the problem:

When you're frustrated
with the way your kids
are responding, use these
Scriptures to speak truth
over your situation:

Proverbs 15:1
Matthew 18:20
Mark 9:36-37
Ephesians 4:2
Ephesians 6:4
Colossians 3:12
1 Peter 3:15-16

Your PARTNER is the problem:

When you're frustrated
because your spouse or
parenting partner doesn't
seem interested in
disciplining your kids, use
these Scriptures to speak
truth over your situation:

1 Corinthians 7:13-16
1 Peter 3:1-2

YOU are the problem:

When you're feeling
unequipped or like your
own faith isn't strong
enough, when your kids ask
questions you don't know
how to answer or you just
keep getting distracted,
use these verses to speak
truth to yourself:

Proverbs 3:5-6
Isaiah 61:11
Matthew 6:34
John 6:1-13
Acts 4:13
2 Corinthians 3:5-6
Philippians 1:6
Philippians 4:13
Colossians 1:9-10
Hebrews 4:16

