

# HOW TO WORSHIP

Think about a super-popular band. Their followers are pretty crazy about them, right? God wants us to feel that way about him—to know him, love him, listen to him, obey him, and tell everyone about him. That’s what worship is all about. Singing, reading the Bible, and preaching are all parts of worship. But the real heart of worship is the *heart*—connecting your heart to God’s. These three Rs can help:

1

**REMEMBER** what God has done for you. This affects your attitude in worship. Approach God with a sense of gratitude and reverence. The songs will remind you of his greatness—that he is worth praising. Many worship songs are based on Bible passages that talk about God’s great deeds and his love for his people. They’re also about his faithfulness to keep the promises he has made. Think of all worship—including readings, prayers, special music, offering, Communion, testimonies, and sermons—as a celebration of who God is and what he has done.

2

**REFLECT** the glory of God. When you sing a worship song or tell someone about God, you’re honoring God by spreading the truth about him. Even telling someone, “I saw a beautiful flower the other day,” can be a way of praising God, because creation itself shows God’s glory (see Psalm 19:1).

3

**RESPOND** to God’s grace. Worship is a response to the truth of God. Giving money in the offering is a response; so is following along in your Bible during the sermon. Responding often involves prayer—thanking God for who he is, confessing sin, or asking for help. And it also means applying the Bible lesson to the way you think or act.

