

## DINNER CONVERSATION KICK-STARTER QUESTIONS

IF YOU WOULD LIKE TO INCREASE conversation around your dinner (or breakfast or lunch) table, try asking a dinner conversation kick-starter question. Two types of questions are listed below—daily support and getting-to-know-you questions.

The daily support questions are to be asked each time you gather for the evening meal—encouraging your family to celebrate any blessings and to work together through any challenges.

Then select one of the getting-to-know-you questions to encourage learning more about the people in your family. Go around the table and take turns answering the question. For grown-ups, answer the question from your childhood experiences (e.g., “When I was young, I wanted to be . . .”). This will help your children learn about you and connect with your childhood.

I recommend printing the questions out on cards and having them on hand at the dinner table. I used a small box with a lid I found at a dollar store. I printed the cards, cut them out, and then laminated them. When

you finish the twenty-five questions below, create new cards and add them to your growing box or, better yet, pass on your old cards to a friend.

### **DAILY SUPPORT QUESTIONS**

1. What, if any, great experiences did you have today? What blessings did you experience today?
2. What is something difficult you experienced today? How did you handle it?

### **GETTING-TO-KNOW-YOU QUESTIONS (PICK A NEW ONE EACH DAY)**

1. If you could have any animal in the world as a pet, what would you want to have and why? (Example for grown-ups: If you had a pet, what was it? What was its name?)
2. What is your favorite movie of all time?
3. If you could have any superpower, what would it be and why?
4. Who was your favorite schoolteacher and why?
5. What was your favorite vacation and why?
6. What is your favorite dessert to eat and why?
7. If you could go anywhere in the world, where would it be and why?
8. If you had to play one sport, what would it be and why?
9. If you could be any animal, what would it be and why?
10. Would you prefer to vacation at a lake or the ocean and why?

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11. Would you rather visit outer space in a rocket or the bottom of an ocean in a submarine and why?
12. If you had to go back to school for one year to repeat any grade just for the fun of it, what grade would you want to repeat and why?
13. If you were an Olympic athlete, which sport would you compete in and why?
14. If you were granted any wish, what would you want it to be?
15. What is one of the best books you have read? What was it about, and why is it one of your favorites?
16. What is one thing you like best about the person sitting next to you?
17. What is (or was) one of your most favorite things to play with and why?
18. If you could meet anyone famous, who would it be and why?
19. What is one thing you created that you were really happy with how it turned out?
20. If you could set the world record in any event, which record would you want to beat?
21. What is something you'd like to see invented?
22. What is something funny you saw or read that made you laugh?
23. What was a favorite school field trip you went on?

24. Who is your hero (could be real or imaginary) and why?
25. If you could have any job in the world, what would it be and why?