

RECIPE

Jed's Favorite Pecan-Crusted Chicken Strips

INGREDIENTS:

2 pounds 1/2 inch chicken strips

1-2 beaten eggs

1/4 c. flour

Salt and pepper to taste

1 1/2 c. finely chopped onions

1/4 c. canola oil for skillet

DIRECTIONS:

1. Salt and pepper chicken strips to taste.
2. Dredge lightly in flour, then egg.
3. Roll chicken strips in chopped pecans. Set aside.
4. Heat oil in pan to medium high.
5. Place coated chicken strips in pan and cook about 2 minutes on each side, until pecans are a nice golden brown.
6. Place cooked chicken strips on paper towels to drain.

