

## *Well Said* Discussion Questions

### **Chapter 1: Maybe It's a Heart Issue**

1. Can you think of some hurtful, negative words said to you that have pulled you down from what God is doing in your life?
2. Is there someone in your life you trust to tell you the hard truths?

### **Chapter 2: More Than Saying Sorry**

1. When have you seen forgiveness change things for the better in your life? Is there someone you need to ask forgiveness from today?
2. In what ways are you—or could you be—held accountable by the people who love you?

### **Chapter 3: Easier Said Than Done**

1. Think of something you've said in the past that you wish you could take back. Have you asked for God's forgiveness and transforming power? Why or why not?
2. Where in your life do you do better now because you know better? Having read this chapter, how can you apply this to the way you use your words?

### **Chapter 4: First-Rate You (and a Lot of Words, Too)**

1. Based on the list of communication giftings on pages 62–65, what is the unique way God has designed you to communicate? How can you embrace God's unique calling on your life?
2. Try describing yourself the way you would a best friend or someone you love dearly. How does that make you feel?

### **Chapter 5: Know the Word to Change Your Words**

1. Are there giftings you know you have that are lying dormant and unused because you haven't given space to God's Word?
2. In your own life, how have you experienced the difference between talking and communicating?

## **Chapter 6: Words That Stick and Habits That Shift**

1. What are some good habits you've built into your daily routine? What positive effects have you observed as a result?
2. Are there any communication habits you'd like to change? What are some good communication habits you'd like to develop?

## **Chapter 7: Changing the Conversation**

1. What's one behavior you'd like to focus on changing in your home or in yourself?
2. Having read Philippians 4:8, what have you found in your life that doesn't make the cut?

## **Chapter 8: Forward Progress Is Still Progress**

1. When have you noticed the importance of speaking not only well *about* someone but also *to* someone?
2. When did you last receive an encouraging card or letter? How did you feel after reading it? Is there someone you could write an encouraging card or letter to right now as the beginning of a new tradition?

## **Chapter 9: Choosing the Wisdom Filter**

1. Where have you observed the costs of social media?
2. Have you ever participated in a social media conversation and regretted it? What happened?

## **Chapter 10: When Words Aren't the Answer**

1. Can you think of a time when it would have been better to remain silent? What was the outcome of that situation?
2. Can you think of an interaction that would have been improved if you'd used the THINK approach before speaking?

## **Chapter 11: Well Said**

1. What was your experience of saying your best yes to Jesus?
2. What work are you doing behind the scenes?