
Red Flags That May Indicate Abusive or Potentially Abusive Behavior

THE FOLLOWING BEHAVIORS ARE WARNING SIGNS OF ABUSE, ACCORDING TO THE NATIONAL DOMESTIC VIOLENCE HOTLINE.

1. JEALOUSY
 2. CONTROLLING BEHAVIOR
 3. QUICK INVOLVEMENT
 4. UNREALISTIC EXPECTATIONS
 5. ISOLATION
 6. BLAMING OTHERS FOR PROBLEMS
 7. BLAMING OTHERS FOR HIS OR HER OWN FEELINGS
 8. HYPERSENSITIVITY
 9. CRUELTY TO ANIMALS OR CHILDREN
 10. "PLAYFUL" USE OF FORCE IN SEX
 11. VERBAL ABUSE
 12. RIGID SEX ROLES
 13. DR. JEKYLL AND MR. HYDE PERSONALITY
 14. PAST BATTERING
 15. THREATS OF VIOLENCE
 16. BREAKING OR STRIKING OBJECTS
 17. ANY USE OF FORCE DURING AN ARGUMENT
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